



FIT SOURCE

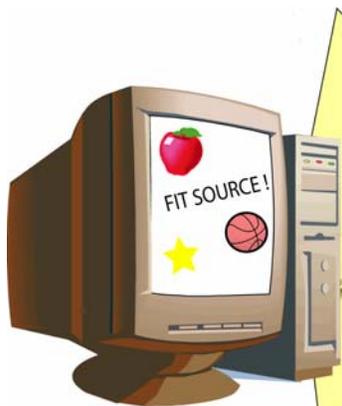
AN INTERACTIVE WEB SITE FOR
CHILD CARE AND AFTER-SCHOOL PROVIDERS

<http://nccic.org/fitsource>

Fit Source is a new, easy-to-use site where child care and after-school providers can find a variety of physical activity and nutrition resources for the children they serve!

Users can search for a variety of physical activity and nutrition resources by age group and by topic. Topics include:

- Games and activities
- Lesson plans
- Healthy and fun recipes
- Information for parents
- Campaigns
- Funding strategies
- Informational resources
- Spanish language Web sites



DEBUTING JULY 2005 AT
<http://nccic.org/fitsource>