

NCCIC Is a Service of the Child Care Bureau

10530 Rosehaven Street, Suite 400 • Fairfax, VA 22030 • Phone: 800-616-2242
Fax: 800-716-2242 • Email: info@nccic.org • Web: <http://nccic.acf.hhs.gov>

ACTIVITY: MENTORING

Suggestions for Presenters

1. Review definition of mentoring on the PowerPoint slide.
2. Divide participants into pairs. Assign one person to be the mentor, the other to be the protégé/mentee. Instruct the protégé to tell a story of when he or she needed or could have used a mentor and discuss:
 - a. What their goals would be for the relationship.
 - b. What role they would want a mentor to play in the relationship.
3. Instruct the mentor to listen and facilitate conversation as if he or she were this person's mentor.
4. After about 10 minutes, ask the protégé to share with the mentor what was helpful and unhelpful about his/her mentoring style.
5. Debrief the exercise by asking protégés and mentors to describe to the group what mentoring behaviors were helpful or unhelpful.
6. Distribute the *Mentoring Assistance* handout and facilitate a large group discussion of the issues in the handout. Ask participants for other items to add to the list. Chart the responses.

Materials Needed

Easel, markers, poster paper

Handout

Mentoring Assistance