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ACTIVITY: SELF-REFLECTION SELF-ASSESSMENT

Suggestions for Presenters

1. Distribute the *Collaborative Leadership Self-Reflection Self-Assessment Exercise* handout to the large group.
2. Ask participants to complete the self-assessment by reflecting on their own skills related to self-reflection.
3. Ask the participants to rate their behavior frequency for each item.
4. Tell them they will use the information from the assessment when completing a learning plan at the end of the session.
5. Debrief by asking: "Based on what we've been discussing in this workshop, how does this feedback (self-assessment) relate to being a collaborative leader?"

Handout

Collaborative Leadership Self-Reflection Self-Assessment Exercise

Resource

Collaborative Leadership. (2004). *Collaborative leadership: Self reflection: Participant's guide*.
www.collaborativeleadership.org/pages/curriculum/manual_sections/SR_participants_guide.pdf