



# National Child Care Information Center

*A service of the Child Care Bureau*

NCCIC

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## HELPING CHILDREN COPE with TERRORISM and WAR

The following organizations have resources that may be useful to parents, caregivers, and administrators as they help children and youth deal with stress related to war.

**About Our Kids.org**, a project of the **New York University (NYU) Child Study Center**, has prepared *AboutOurKids Resources for Helping Children Cope with Trauma and Death*. Resources are available on the Web at [http://aboutourkids.org/articles/crisis\\_index.html](http://aboutourkids.org/articles/crisis_index.html).

**American Academy of Child and Adolescent Psychiatry (AACAP)** has prepared *Disaster Response: Facts for Families*. Resources in English and Spanish are available on the Web at <http://www.aacap.org/publications/DisasterResponse>.

**American Academy of Pediatrics (AAP)** has prepared *Children, Terrorism and Disasters*. Resources are available on the Web at <http://www.aap.org/terrorism/index.html>.

**American Psychological Association (APA)** has information on *Reactions and Guidelines for Children Following Trauma/Disaster* to help parents and teachers of kindergarten and elementary school children. This resource is available on the Web at <http://helping.apa.org/daily/ptguidelines.html>.

**The Center for Mental Health Services (CMHS)**, a component of Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services, has a Web site titled *Managing Anxiety in Times of Crisis*. Resources are available on the Web at <http://www.mentalhealth.org/cmhs/childrenanxiety/default.asp>.

**Children's National Medical Center: The International Center To Heal Our Children: Building Healthy Minds and Futures** has prepared *The Handbook of Frequently Asked Questions Following Traumatic Events: Violence, Disasters, and Terrorism* (2002). This resource is available on the Web at <http://www.dcchildrens.com/about/institutehandbook.pdf>.

**Children Now** has information on "Talking with Kids about the News." This resource is available on the Web at <http://www.childrennow.org/television/twk-news.htm>.

**Connect for Kids** provides two compilations of resources. *Helping Kids Cope With Trauma* and *More Help with the Healing* are available on the Web at [http://www.connectforkids.org/resources3139/resources\\_show.htm?doc\\_id=161759](http://www.connectforkids.org/resources3139/resources_show.htm?doc_id=161759).

**Educators for Social Responsibility** has produced *Talking with Children about War and Violence in the World* (March 2003). This resource is available on the Web at <http://www.esrnational.org/sp/we/heal/talkingwithchildren.pdf>.

**ERIC Clearinghouse on Elementary and Early Childhood Education (ERIC/EECE)** has prepared “Stress and Young Children” (December 2002), an *ERIC Digest*. This resource is available on the Web at [http://www.ericfacility.net/databases/ERIC\\_Digests/ed471911.html](http://www.ericfacility.net/databases/ERIC_Digests/ed471911.html).

**Family and Work Institute** produced *Coping and Contributing in the Aftermath of Crisis, Tragedy and Trauma; An Educator’s Guide* (2002). This resource is available on the Web at <http://www.familiesandwork.org/summary/ste.pdf>.

**National Association for the Education of Young Children (NAEYC)** has information on *Supporting Young Children During War and Conflict*. This resource is available on the Web at [http://www.naeyc.org/resources/news/Supporting\\_Children.htm](http://www.naeyc.org/resources/news/Supporting_Children.htm).

**National Association of School Psychologists (NASP)** has prepared *Coping with a National Tragedy*. Resources, including translations of selected resources into several languages, are available on the Web at [http://www.nasponline.org/NEAT/crisis\\_0911.html](http://www.nasponline.org/NEAT/crisis_0911.html).

**National Black Child Development Institute (NBCDI) and the National Institute of Child Health and Human Development (NICHD)** have jointly prepared *Helping Children Cope with Crisis: An Activity Book for African American Families*. This resource is available on the Web at [http://www.nichd.nih.gov/publications/pubs/hccc/helping\\_children.htm](http://www.nichd.nih.gov/publications/pubs/hccc/helping_children.htm).

**National Center for Children Exposed to Violence (NCCEV)** at the Yale Child Study Center has guides to help parents and teachers talk to children about war. Materials are available in English and Spanish. This information is available on the Web at <http://www.nccev.org>.

**National Institute of Mental Health (NIMH)** developed *Fact Sheet: Helping Children and Adolescents Cope with Violence and Disasters* (October 2001). This resource is available on the Web at <http://www.nimh.nih.gov/publicat/violence.cfm>.

**National Mental Health Association (NMHA)** has prepared resources on *Coping with Disaster*. Resources are available in English on the Web at <http://www.nmha.org/terrorism.cfm>. A Spanish version titled, *Recursos para Cómo Enfrentar Un Desastre*, is available on the Web at <http://www.nmha.org/reassurance/anniversary/indexEspanol.cfm>.

**Public Broadcasting System (PBS)** has information for parents and child care providers on *Talking with Kids About Violence: Learn How to Answer Children's Challenging Questions By Seeing the World Through Their Eyes*. This resource is available on the Web at <http://www.pbs.org/parents/issuesadvice/war/>.

**Purdue University Extension** has information in a section of their Web site on *Terrorism and Children*, which includes resources from several organizations. These resources are available on the Web at <http://www.ces.purdue.edu/terrorism/children/index.html>.

**U.S. Department of Education** includes information on how to help children understand the terrorist attacks. Resources are available on the Web at <http://www.ed.gov/about/offices/list/os/september11/index.html>. A Spanish version, *Ayuda para los niños y los jóvenes en la comprensión de los ataques terroristas* is available on the Web at <http://www.ed.gov/about/offices/list/os/september11/index-es.html>.

**U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, the Center for Mental Health Services** has information on

*Managing Anxiety in Times of Stress*. These resources are available on the Web at <http://www.mentalhealth.org/cmhs/childrenanxiety>.

**University of Minnesota Extension Service** has prepared *Taking the Terror out of Terrorism: A Guide for Parents, Teachers and Child Care Providers* (2002). This resource is available on the Web at <http://www.extension.umn.edu/distribution/youthdevelopment/DA7413.html>.

**Virginia Joint Military Family Services Board** has prepared *Working with Military Children: A Primer for School Personnel* (February 2003). This resource is available on the Web at [http://www.nmfa.org/news/working\\_with\\_military\\_children.pdf](http://www.nmfa.org/news/working_with_military_children.pdf).

**ZERO TO THREE** has prepared *Little Listeners in an Uncertain World: Coping Strategies for You and Your Child after September 11* (2002). This resource is available on the Web at <http://www.zerotothree.org/coping/LittleListeners.pdf>.

### **Additional Resource**

**National Advisory Committee on Children and Terrorism, Centers for Disease Control and Prevention** presented the report, *National Advisory Committee on Children and Terrorism: Recommendations to the Secretary* (June 2003) to the Secretary of the U.S. Department of Health and Human Services. This resource is available on the Web at <http://www.bt.cdc.gov/children/PDF/working/Recommend.pdf>.

The National Child Care Information Center does not endorse any organization, publication, or resource.