



National Child Care Information Center

A service of the Child Care Bureau

NCCIC

243 Church Street NW, 2nd Floor
Vienna, Virginia 22180

Phone: (800) 616-2242 Fax: (800) 716-2242 TTY: (800) 516-2242

World Wide Web: <http://nccic.org>

HEALTH and SAFETY RESOURCES

The following is a sample of organizations that provide health, safety, and dental information and curricula for young children.

FEDERAL AGENCIES

■ Centers for Disease Control and Prevention (CDC)

1600 Clifton Rd
Atlanta, GA 30333
800-311-3435

World Wide Web: <http://www.cdc.gov/page.do>

CDC is recognized as the lead Federal agency for protecting the health and safety of people—at home and abroad—providing credible information to enhance health decisions, and promoting health through strong partnerships. CDC serves as the national focus for developing and applying disease prevention and control, environmental health, and health promotion and education activities designed to improve the health of the people of the United States.

CDC provides several resources with information on child health and safety. In 1994, the CDC developed an Action Plan for Child Care Health and Safety, which outlines goals, objectives, and actions in three areas: public health information systems, epidemiologic and evaluation research, and public health interventions. The Action Plan is available on the Web at <http://www.cdc.gov/ncidod/publications/daycare/contents.htm>. CDC resources in Spanish are available on the Web at <http://www.cdc.gov/spanish/default.htm>.

■ Federal Consumer Information Center (FCIC)

Consumer Information Catalog
Pueblo, CO 81009
719-948-4000

World Wide Web: <http://www.pueblo.gsa.gov>

FCIC publishes a quarterly *Consumer Information Catalog* that lists more than 200 free and low-cost Federal booklets on a wide variety of consumer topics, including many on learning activities, parenting, and helping children succeed in school.

■ Health Resources and Services Administration (HRSA)

Maternal and Child Health Bureau

Parklawn Building Room 18-05
5600 Fishers Lane
Rockville, MD 20857

World Wide Web: <http://mchb.hrsa.gov/>

HRSA's Maternal and Child Health programs promote and improve the health of the Nation's mothers, infants, children, and adolescents, including low-income families, those with diverse racial and ethnic heritages, and those living in rural or isolated areas without access to care.

■ **Medline Plus**

World Wide Web: <http://medlineplus.gov/>

MedlinePlus provides health information from the world's largest medical library, the National Library of Medicine. Health professionals and consumers alike can depend on it for information that is authoritative and up to date. MedlinePlus has extensive information from the National Institutes of Health and other trusted sources on over 650 diseases and conditions. There are also lists of hospitals and physicians, a medical encyclopedia and a medical dictionary, health information in Spanish, extensive information on prescription and nonprescription drugs, health information from the media, and links to thousands of clinical trials. The Health Topics section of the Medline Web site at <http://www.nlm.nih.gov/medlineplus/healthtopics.html> provides links to several publications and resources with information about child health and safety. Health Topics in Spanish are available on the Web at <http://www.nlm.nih.gov/medlineplus/spanish/healthtopics.html>.

■ **National Highway Traffic Safety Administration (NHTSA)**

U.S. Department of Transportation

800-424-9393

World Wide Web: <http://www.nhtsa.dot.gov/>

The NHTSA provides child passenger safety tips. The tips include safety seat check-up, where children should ride, and other information about how to transport children safely. In addition, there is consumer information for parents and children.

■ **U.S. Consumer Product Safety Commission (CPSC)**

Publication Request

Washington, DC 20207

800-638-2772

World Wide Web: <http://www.cpsc.gov>

The U.S. Consumer Product Safety Commission is charged with protecting the public from unreasonable risks of serious injury or death from more than 15,000 types of consumer products under the agency's jurisdiction. The CPSC is committed to protecting consumers and families from products that pose a fire, electrical, chemical, or mechanical hazard or can injure children. CPSC publications on child safety are available on the Web at http://www.cpsc.gov/cpsc/pub/pubs/pub_idx.html. CPSC publications in Spanish are available on the Web at <http://www.cpsc.gov/cpsc/pub/spanish/spanish.html>.

NATIONAL ORGANIZATIONS

■ **American Academy of Pediatrics (AAP)**

141 Northwest Point Boulevard

Elk Grove Village, IL 60007

847-434-4000

World Wide Web: <http://www.aap.org>

AAP is an organization of pediatricians committed to the attainment of optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults. The AAP Web site provides information regarding the Academy's many programs and activities, policy statements, practice guidelines, publications, and other child health resources.

■ **American Association of Poison Control Centers (AAPCC)**

3201 New Mexico Avenue, Suite 330

Washington, DC 20016

202-362-7217

World Wide Web: <http://www.1-800-222-1222.info/>

AAPCC, founded in 1958, is a nonprofit national organization of poison centers and others interested in the prevention and treatment of poisoning.

■ **Center for Science in the Public Interest (CSPI)**

1875 Connecticut Avenue NW, Suite 300

Washington, DC 20009

202-332-9110

World Wide Web: <http://www.cspinet.org>

CSPI focuses primarily on nutrition and health. It has published numerous books, posters, and pamphlets for both teachers and the general public. Information on health, nutrition and diet is available on the Web at <http://cspinet.org/nutrition/>.

■ **Childcare Health Program (CHP)**

2625 Alcatraz Avenue, Suite 369

Berkeley, CA 94705

510-923-9513

World Wide Web: <http://www.childcarehealth.org/>

CHP works with other community-based child care health and safety organizations to implement its mission of enhancing all children's healthy and safe development by promoting quality child care. Services are available to all of the child care community, whether center-based, family child care, parent cooperatives, Head Start, or school-based child care. Services are also provided to associations of child care providers, faith-based providers, resource and referral agencies, parents, and all those connected with the out-of-home care of young children.

■ **The Children's Foundation (CF)**

725 15th Street NW, Suite 505

Washington, DC 20005

202-347-3300

World Wide Web: <http://www.childrensfoundation.net>

CF is a national, nonprofit educational organization that provides a voice for children and their families on issues of critical concern. CF has child care provider and parent resources on health, safety, and nutrition. Curricula include *Better Baby Care: A Training Course for Family Day Care Providers* (Revised) and *Helping Children Love Themselves and Others*. Additional studies and training include:

- *Caring for an HIV-Infected Child in Family Day Care: Myths and Facts;*
- *Checklist of Toys, Books and Materials: Guidelines for Choosing;*
- *Child and Adult Food Program for Family Child Care Providers;* and
- *Child Nutrition Information: Birth to Six Years.*

- **Children’s Safety Network (CSN)**
Education Development Center, Inc.
55 Chapel Street
Newton, MA 02458-1060
617-969-7100

World Wide Web: <http://www.childreussafetynetwork.org/>

CSN consists of four resource centers funded by the U. S. Department of Health and Human Services (HRSA), and Maternal and Child Health Bureau (MCHB). CSN provides maternal and child health (MCH) and other injury prevention professionals with technical assistance, data, other information, and resources to help incorporate injury and violence prevention programs into existing MCH programs. The Network facilitates the development of new injury prevention programs, and conducts research and policy activities that improve best practices, and the state-of-the-art of injury prevention.

- **Healthy Child Care America Campaign (HCCA)**
c/o American Academy of Pediatrics (AAP)
141 Northwest Point Boulevard
Elk Grove Village, IL 60007
888-227-5409

World Wide Web: <http://www.healthychildcare.org/>

HCCA is coordinated by the AAP, in partnership with the U.S. Department of Health and Human Service’s Child Care Bureau and the Maternal and Child Health Bureau. HCCA’s educational materials and newsletter contain a variety of information about child health issues.

- **KidsHealth**

World Wide Web: http://kidshealth.org/index_noflash.html

KidsHealth was created by The Nemours Foundation’s Center for Children’s Health Media to provide health information about children from before birth through adolescence. The KidsHealth team of editors and medical reviewers develops a wide array of topics about medical, emotional, and developmental issues of children and their families. KidsHealth has separate areas for kids, teens, and parents—each with its own design, age-appropriate content, and tone. There are literally thousands of in-depth features, articles, animations, games, and resources—all original and all developed by experts in the health of children and teens. KidsHealth resources in Spanish are available on the Web at http://kidshealth.org/parent/en_espanol/index.html.

■ **Medem Learning Center**

877-926-3336

World Wide Web: <http://www.medem.com/index.cfm>

Medem was founded by leading medical societies, including the American Academy of Ophthalmology; the American Academy of Pediatrics; the American College of Allergy, Asthma & Immunology; the American College of Obstetricians and Gynecologists; the American Medical Association; the American Psychiatric Association; and the American Society of Plastic Surgeons. In addition to other services, it provides a library of clinical content from leading medical societies. Publications about child abuse are available on the Web at http://www.medem.com/MedLB/articleslb.cfm?sub_cat=348. Publications about domestic abuse are available on the Web at http://www.medem.com/MedLB/articleslb.cfm?sub_cat=349.

■ **National Association for the Education of Young Children (NAEYC)**

1509 16th Street NW

Washington, DC 20036

800-424-2460

World Wide Web: <http://www.naeyc.org>

NAEYC is a nonprofit professional organization of more than 103,000 members dedicated to improving the quality of care and education provided to our nation's young children. NAEYC produces many materials related to health and nutrition, including the following:

- *Healthy Young Children: A Manual for Programs-4th Edition (2002);*
- *Preparing for Illness: A Joint Responsibility for Parents and Caregivers (1999);*
- *Caring for Our Children (Videos);* and
- *Safe Active Play: A Guide to Avoiding Play Hazards.*

Many other brochures, booklets, and videotapes about parenting and teaching children from birth through school-age years are available from NAEYC. In addition, the *Early Years Are Learning Years* series has many resources for parents on a variety of topics related to healthy and safe child development. These are available on the Web at

<http://www.naeyc.org/resources/eyly/default.asp>. A list of NAEYC resources in Spanish is available on the Web at http://www.naeyc.org/resources/in_spanish/default.asp.

■ **National Black Child Development Institute (NBCDI)**

1101 15th Street NW, Suite 900

Washington, DC 20005

202-833-2220

World Wide Web: <http://www.nbcdi.org>

NBCDI serves as a critical resource for improving the quality of life of African-American children, youth, and families through direct services, public education programs, leadership training, and research.

- **National Center for Education in Maternal and Child Health (NCEMCH)**
Georgetown University
2115 Wisconsin Avenue NW, Suite 601
Washington, DC 20007-2292
202-784-9770
World Wide Web: <http://www.ncemch.org>

Mailing Address:
Georgetown University
P.O Box 571272
Washington, DC 20007-1272

NCEMCH, a program of the Maternal and Child Health Bureau, publishes educational materials that pertain to children's health and well-being. It also maintains an extensive reference collection. *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents* (2nd edition, revised 2002) is a manual for assuring preventive health practices. Additional information is available on the Web at <http://www.brightfutures.org/>.

- **National Institute of Child Health and Human Development (NICHD)**
Building 31, Room 2A32, MSC 2425
31 Center Drive
Bethesda, MD 20892-2425
800-370-2943
World Wide Web: <http://www.nichd.nih.gov/default.htm>

NICHD supports and conducts research on topics related to the health of children, adults, families, and other populations. Some of these health topics include:

- Reducing infant deaths;
- Improving the health of adults;
- Learning about growth and development;
- Understanding reproductive health;
- Examining problems of birth defects and mental retardation; and
- Enhancing function and involvement across the life span through medical rehabilitation research.

A news release titled *Most Definitive Study of Its Kind that Sleeping on the Stomach Increases Infant SIDS Risk* (October 2002), based on a study supported by the National Institute of Child Health and Human Development (NICHD), the National Institute on Deafness and other Communication Disorders, and the Centers for Disease Control and Prevention, provides support for the American Academy of Pediatrics' 1992 and 1996 recommendations that infants be placed to sleep on their backs to reduce the risk of SIDS. This resource is available on the Web at http://www.nichd.nih.gov/new/releases/infant_sids.cfm.

- **National Network for Child Care (NNCC)**
Iowa State University Extension
World Wide Web: <http://www.nncc.org/>

NNCC is supported by the Cooperative State Research, Education and Extension Service, U.S. Department of Agriculture, and the Children, Youth, and Families Education and Research Network (CYFERNet). NNCC's Web site is a source of over 1000 publications and resources related to child care. NNCC's also provides resources in Spanish. Publications topics on health and safety include the following:

- Car Safety
- Dental Health
- Emergencies and Disaster
- Food Safety
- Healthy Routines and Habits
- Illnesses Prevention
- Indoor Safety and Outdoor Safety
- Poisoning
- Toys and Equipment Safety

■ **The National Network for Immunization Information (NNii)**

301 University Boulevard
 CH 2.218
 Galveston, TX 77555-0351
 409-772-0199

World Wide Web: <http://www.immunizationinfo.org>.

NNii provides up-to-date, science-based information about vaccines and immunization to health care professionals, the media, and the public. This Web site includes the latest news on immunization, a vaccine information database, and a guide to evaluating vaccination information

■ **National Resource Center for Health and Safety in Child Care (NRC)**

University of Colorado Health Services Center (UCHSC) at Fitzsimons
 Campus Mail Stop F541
 PO Box 6508
 Aurora, CO 80045-0508
 800-598-KIDS

World Wide Web: <http://nrc.uchsc.edu>

NRC seeks to enhance the quality of child care by supporting State and local health departments, child care regulatory agencies, child care providers, and parents in their efforts to promote health and safety in child care. NRC is funded by the U.S. Maternal and Child Health Bureau. The entire text of the *National Health and Safety Performance Standards Guidelines for Out-of-Home Child Care Programs 2nd Edition* (2002) is available on the Web at <http://nrc.uchsc.edu/CFOC/index.html>. The licensure regulations from the 50 States and the District of Columbia are also available on this Web site at <http://nrc.uchsc.edu/STATES/states.htm>.

■ **National SAFE KIDS Campaign**

SAFE KIDS Injury Prevention

1301 Pennsylvania Avenue NW, Suite 1000
 Washington, DC 20004-1707
 202-662-0600

World Wide Web: <http://www.safekids.org>

SAFE KIDS Injury Prevention is a national childhood injury prevention campaign composed of State and local SAFE KIDS coalitions. The campaign produces materials on burn prevention and fire safety, child occupant protection (car seats and safety restraints), injury prevention, and bicycle helmets and bike safety.

■ **National SIDS/Infant Death Resource Center (NSIDRC)**

2070 Chain Bridge Road, Suite 450

Vienna, VA 22182

866-866-7437

World Wide Web: <http://www.sidscenter.org/>

NSIDRC provides information services and technical assistance on Sudden Infant Death Syndrome (SIDS) and related topics. Sponsored by the Maternal and Child Health Bureau (MCHB), Health Resources and Services Administration, U.S. Department of Health and Human Services, NSIDRC assists State MCHB-supported projects, State SIDS programs funded through the MCH Block Grant, policy-makers, program planners, parents, family members, researchers, educators, medical and legal professionals, care providers, and counselors.

■ **Redleaf Press**

A division of Resources for Child Caring

10 Yorkton Court

Saint Paul, MN 55117-1065

800-423-8309

World Wide Web: <http://www.redleafpress.org>

Redleaf Press publishes resources for early childhood caregivers on many topics both in English and Spanish. One publication related to health is *Growing, Growing Strong: A Whole Health Curriculum for Young Children*. Other publications include:

- *Childhood Emergencies: What to Do [Emergencias de la niñez: Que Hacer];*
- *Those Itsy-Bitsy Teeny-Tiny Not-So-Nice Head Lice [Esos pequeñines chiquitines para nada simpáticos piojos];*
- *Those Ooey Gooley Winky Blinky but . . . Invisible Pinkeye Germs [Esos pringosos viscosos pestañeantes parpadeantes pero . . . invisibles gérmenes que causan conjuntivitis];*
- *Those Mean Nasty Dirty Downright Disgusting but...Invisible Germs/Esos desagradables detestables sucios completamente asquerosos pero . . . invisibles gérmenes;*
- *Those Mean Nasty Dirty Downright Disgusting but . . . Invisible Germs [Esos sucios pegajosos olorosos causantes de caries pero...invisibles gérmenes];* and
- *Those Icky Sticky Smelly Cavity-Causing but . . . Invisible Germs [Esos sucios pegajosos olorosos causantes de caries pero . . . invisibles gérmenes]*

■ **ZERO TO THREE: National Center for Infants, Toddlers and Families**

2000 M Street NW, Suite 200

Washington, DC 20036

202-638-1144 or 800-899-4301

World Wide Web: <http://www.zerotothree.org>

ZERO TO THREE is a national nonprofit organization. Their mission is to promote the healthy development of our nation's infants and toddlers by supporting and strengthening families, communities, and those who work on their behalf. They are dedicated to advancing current

knowledge; promoting beneficial policies and practices; communicating research and best practices to a wide variety of audiences; and providing training, technical assistance, and leadership development. The parenting section of the ZERO TO THREE Web site, available at http://www.zerotothree.org/ztt_parentAZ.html, provides several resources on health and safety for young children in both English and Spanish.

DENTAL HEALTH RESOURCES

■ **American Academy of Pediatrics (AAP)**

141 Northwest Point Boulevard
Elk Grove Village, IL 60007-1098
874-434-4000

World Wide Web: <http://www.aap.org>

AAP has many informational brochures for parents on a wide variety of topics including pediatric dentistry, teething, tooth development, and dental hygiene. Dental health resources are available on the Web at <http://www.aap.org/healthtopics/oralhealth.cfm>.

■ **American Dental Association (ADA)**

211 East Chicago Avenue
Chicago, IL 60611
312-440-2500

World Wide Web: <http://www.ada.org>

ADA fulfills its public and professional mission by providing services specifically through education, research, advocacy, and the development of standards initiatives. ADA will answer specific questions or provide informational brochures.

■ **National Maternal and Child Oral Health Resource Center (OHRC)**

Georgetown University
Box 571272
Washington, DC 20057-1272
202-784-9771

World Wide Web: <http://www.mchoralhealth.org/>

OHRC identifies and collects information about oral health programs and initiatives funded by the Maternal and Child Health Bureau (MCHB) and other agencies, associations, corporate sponsors, and foundations. OHRC also collects programmatic materials such as standards, guidelines, curricula, and professional and consumer education materials.

OHRC supports health professionals, program administrators, educators, policy-makers, and others with the goal of improving oral health services for infants, children, adolescents, and their families. The resource center collaborates with Federal, State, and local agencies; national and State organizations and associations; and foundations to gather, develop, and share quality information and materials.

ADDITIONAL RESOURCES

- The Back to Sleep Campaign has many publications about why it is important to place babies on their backs and general information about Sudden Infant Death Syndrome (SIDS). Additional information is available on the Web at <http://www.nichd.nih.gov/sids/sids.htm>.
- I Am Your Child is a national public awareness and engagement campaign, created by the Reiner Foundation, to help the public understand brain research and its implications for children's lifelong healthy development. It includes a booklet for parents titled, *The First Years Last Forever: The New Brain Research and Your Child's Healthy Development*. Information on publications is available at 888-447-3400 or on the Web at <http://www.iamyourchild.org>.
- The *Disaster Preparedness for Child Care Programs* document under the Health and Safety topic in the Popular Topics section of NCCIC's Web site at <http://nccic.org/poptopics/disasterprep.html> provides a sample of organizations and resources that have information for parents, providers, and child care programs on preparing for disasters.

The National Child Care Information Center does not endorse any organization, publication, or resource.